



## Response to Covid-19(lockdown phase) & Post Lockdown



**We won't change you for the world  
We would change the world for you**

## Emergency Response to COVID-19

Coronavirus (COVID-19) is an infectious disease that causes respiratory illness and primarily spreads through contact with an infected person when they cough or sneeze. It also spreads when a person touches a surface or objects that has the virus on it, and then touches their eyes, nose or mouth. The outbreak of Coronavirus had affected 210 countries and territories around the globe. The spread of COVID-19 had set a major challenge around the globe and every possible effort is made by the nations in order to combat this dreadful virus.

On 11 March 2020, WHO declared Novel Corona virus Disease (COVID-19) outbreak as a pandemic which was followed by 21-day nationwide lockdown in India by the Prime Minister on 24 March 2020 in order to protect the country, and each of its citizens. Lockdowns put in place by governments have affected the entire world especially the poor families to survive and sustain as they found no means to feed their families.

In these dark times, lives of Kashmiri's again were stricken with the lockdown who recently emerged from a prolonged blackout. The entire valley has witnessed intermittent periods of unrest spanning up to 6 months which had already hit the less privileged ones.

Humanity Welfare Organization Helpline has realized that lockdowns have brought normal life to a standstill. The unorganized sector is reeling from the impact of the lockdowns. Daily wage earners, Street vendors, Labourers and many others suddenly found themselves with no means to feed their families.

Humanity Welfare Organization Helpline considered it as our responsibility to help the poor families to survive and sustain in the time of crisis like this. In response to COVID-19, a family support programme



was drafted and the work plan was discussed among the staffers. For that matter, our whole staff and volunteers joined hands and came to the forefront in order to help the masses to cope up with the crisis. It was found that daily wage earners, cart pullers and labourers found it hard to sustain during the lockdown. In this regard, a meeting among the administration and NGO's was conducted at the office of Deputy Commissioner Anantnag. The meeting was chaired by Deputy Commissioner Anantnag and the ways of reaching out to less privileged sections of the society was put forward. NGO'S across the district assured of every possible help at their end and took the responsibility of reaching out to less privileged families on their shoulders. Humanity Welfare organization Helpline was assigned to cover the families falling within the ambit of Bijbehara and we appreciated the given task. The very next day, a conference call was arranged among the staffers and the volunteers and the plan of action was formulated. The whole area of Bijbehara was divided into 8 clusters and the deputation of staff and volunteers were set in order to identify the less privileged families. A baseline survey for the identification of families was initiated and the identified families were verified by the Aquaf Bodies and Mohalla Presidents. Simultaneously, the religious Priests were taken into the consideration for the authentication of the identified families as they are the inhabitants of the same communities and know families well. A total of 460 Families had been identified so far and the need of grocery kits among these families was felt. The grocery kit was designed that can help one family to sustain for a month included:

- Edible Oil
- Salt
- Red Chili Powder
- Turmeric Powder
- Fennel Seed Powder
- Dried Peas
- Chola Dal
- Moong Dal
- Musoor Dal
- Kashmiri Namkeen Tea
- Bathing Soap
- Dish Wash Bar

A procurement committee was constituted and the process of procurement was preceded. Soon after the vendor was selected, all the items required for grocery kits were purchased and the preparation of kits was started. All the precautionary measures such as putting on gloves and masks and were adopted which packing the articles. Everyone involved in the programme were highly encouraged to use sanitizers and hand was gels in the meantime. A proper social distancing was maintained during the whole programme in order to ensure the safety of team as well as of the masses. The whole staff and volunteers put their blood and sweat in making the kits ready for the identified families. The packing was completed within 2 days and the kits were ready for delivery.







The staffers and volunteers rolled up their sleeves and reached out to the families. We provided them food kits at their door steps under the supervision of Aquaf Bodies. After 2 days of continuous work, 460 grocery kits were distributed among the deserved ones. We succeed in doing our bit by reaching out to less privileged families who had fire in the bellies. Everyone thanked the team for the support in the time of crisis. Thus the programme ended as a great success!



## Distribution of Ration Kits (Phase 2<sup>nd</sup> )

Due to the rapid increase in the spread of Covid-19 positive cases, the Prime Minister of India announced the extension in lockdown as a preventative measure to combat the dreadful disease by reducing and slowing down transmission. The decision was highly welcomed by the likeminded people but on the other side it had set another challenge for the under privileged sections of the society.

The second round of lockdown had shivered the spine of deeply deprived people will find it difficult to come out of these distressed conditions as they are unable to get the essential commodities due to their empty pockets and the non-availability of work. The lockdown has created a grave crisis for underprivileged sections of society as many of them depended on daily wages and had meager savings. It has essentially shut all avenues to a livelihood and now, they are staring at hunger. Government had extended their support by providing free ration, but the greater family size, gaps remain. During this hour of need, we at Humanity Welfare Organization Helpline Bijbehara have once again risen to the occasion. We extended our support to help and feed the hungry, with whatever resources we have or could raise! We had received requests from the aquaf bodies and governments to extend our support in assisting under privileged families. The identified families mainly included persons with disabilities, women headed families, orphans, daily wage earners who belonged to poorest of the poor families. Thus, we as a support system supported a total of 294 families wherein we provided ration kits among 169 families out of which 87 families have been supported through APPIP, 44 families through Childline and 38 through Humanity Welfare Organization Helpline Bijbehara. The ration kits were designed in such a manner that would meet the daily needs of the family and would last at least for a month. Soon after the packing of ration kits, our team rolled up their sleeves and were out to deliver these ration kits across the south Kashmir.



The lockdown was followed strictly at the both ends i.e. government and the local communities. While reaching out to the identified families, our team came across various hurdles and physical blockades on the roads which didn't interfere with their dedication and commitment to serve others. The blockades were cleared by the team and carried out their work in the best possible manner.



The holy month of Ramdhan was about to end and the excitement of celebrating Eid among underprivileged families was lacking. Eid celebrations this year have been marred by the crisis created by the ongoing Coronavirus pandemic. Meanwhile, KANZ extended their support to help us in reaching out to underprivileged families and we have been able to support 125 families and provided each of them an amount of Rupees 3000/= through direct bank transfer.

We could see the smiles over the distressed faces and that increased our morale to remain on forefront to serve humanity. The second phase of distribution was very successful in meeting the essential needs of underprivileged sections of society.

## **Distribution of Protein Kits, Recreational Kits and Sanitary Kits among Children with Disabilities**

The outbreak of COVID-19 pandemic had threatened one and all around the globe; persons with disabilities are disproportionately impacted due to attitudinal, environmental and institutional barriers that are reproduced in the COVID-19 response. Many persons with disabilities have pre-existing health conditions that make them more susceptible to contracting the virus, experiencing more severe symptoms upon infection, leading to elevated levels of death.

During the COVID-19 crisis, persons with disabilities who are dependent on support for their daily living may find themselves isolated and unable to survive during lockdown measures, while those belonging to poorest of the poor families find it hard to get balanced diet and other basic amenities. As a result, their vulnerability is doubled and we at Humanity Welfare Organization Helpline Bijbehara had recognized their needs in order to fulfill them in every possible manner. The only way to combat the virus is to follow Standard Operating Procedures issued by Ministry of Health and Family Welfare including boosting ones immune system. For that matter a well nourished balanced diet is required to gear up during the crisis.

The restrictions imposed by the authorities had limited the outdoor activities of children due to which children might have faced boredom. For that matter the need of recreational kits was felt in order to keep them engaged so as to ensure their psychological well being.

Whereas, the Coronavirus had impacted the lives of people irrespective of any differentiation and one of these impacts is on women/adolescent girls who menstruates. In the present era, there are various myths associated with menstruation and one who menstruates is still considered impure. The markets are completely closed and less availability of money has set a challenge to the women folk regarding their menstrual health and hygiene. When it comes to adolescent girls with special needs, who are unaware of menstrual process, who are not able to get sanitary napkins on their own holds a big question mark! Keeping in view, the myths and stigma associated to menstruation and to ensure a good menstrual health and hygiene.

Humanity Welfare Organization Helpline Bijbehara had approached to Azim Premji Philanthropic Initiatives to extend their support in helping us to provide protein/nutritional kits, Recreational Kits, Sanitary Kits to children with disabilities enrolled in our special school Zaiba Aapa Institute of Inclusive Education. The need was felt in response to continuous lockdowns, as the children with special needs require special attention particularly during crisis. The majority of the enrollments in our institute belong to below poverty line families and their disability makes them doubly vulnerable during crisis. The children were lacking proper nutritious diet due to which their physical development was hampered, thus the need of nutritious diet was required.

Children with special needs are being isolated and limited to one place due to one or other reason. However, they were given special attention in the institute. Activities of daily life were being imparted among the children. All the scheduled activities were halted and children were facing boredom due to the ongoing lockdowns. Thus, the need of recreation by way of creativity was observed.

During the normal circumstances, the myths, taboos and stigma attached to menstruation leads to exclusion and vulnerability. Thus, the need of sanitary kits was deemed essential and keeping in view the health, hygiene, dignity of adolescent girls with disabilities was given utmost priority.

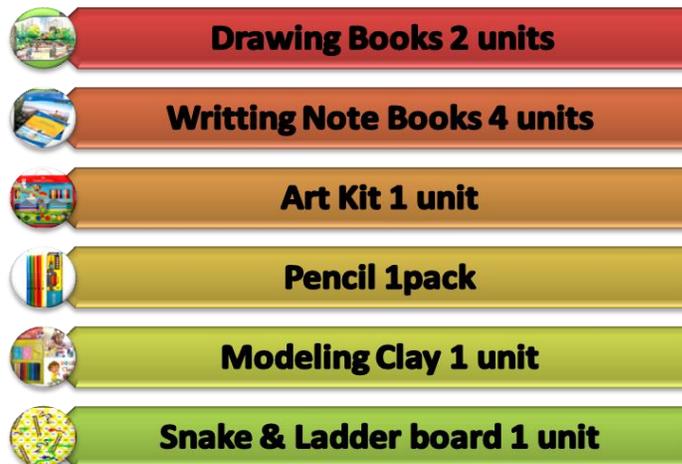
Like every time, APPI agreed for the same and help us to reaching out to children with special needs.



A total of 130 Protein kits were distributed among the children with disabilities. The protein kit was specially designed so as to ensure that every child take a balanced nutritious diet and boost his/her immunity. The protein kit included the following items:



Likewise, 130 recreational kits were distributed among the children with disabilities. The Recreational kit was specially designed so as to keep the children engaged in activities and to lessen their boredom. The protein kit included the following items:



Furthermore, Adolescent girls were provided 3 packs of sanitary napkins in order to ensure their menstrual health and hygiene.



The distribution of protein kits, recreational kits and sanitary kits were completed within 9-10 days. Despite of all the odds, the staffers of our organization reached out the children at their door steps. The children as well as their families were endlessly happy and thanked the organization whole heartedly for their sincerity and being concerned towards children with disabilities

## Medical support to children

Amid nationwide lockdown, people were limited to their houses and lacked options for accessing health services. Meanwhile, daily wage earners couldn't find any job and were economically deprived. Such families lacked resources to meet the medical expenses of their children who had been taking medicines on daily routine basis. Due to non-availability of money, such families were fearful of leaving the course of medication in half way and were concerned about the incomplete medical treatment.

Childline Anantnag had provided medical assistance to all such cases whose treatment was believed to hamper in half way. The restrictions imposed were intense but despite of all odds Childline team reached out to such children at their doorsteps and helped them to continue their treatment without any halt.



## Distribution of Face Masks

COVID-19 spreads between people through direct, indirect (through contaminated objects or surfaces), or close contact with infected people via mouth and nose secretions. These include saliva, respiratory secretions or secretion droplets. These are released from the mouth or nose when an infected person coughs, sneezes, speaks or sings, for example. People who are in close contact (within 1 meter) with an infected person can catch COVID-19 when those infectious droplets get into their mouth, nose or eyes.

To avoid contact with these droplets, it is important to stay at least 1 meter away from others, clean hands frequently, and cover the mouth with a tissue or bent elbow when sneezing or coughing. When physical distancing (standing one meter or more away) is not possible, wearing a fabric mask is an important measure to protect others.

During the pandemic, the necessity of face masks was felt in order to reduce the transmission of infection. The high demand of face masks had resulted in the shortage of supplies. As a result, common people were not accessible to get the same. ChildLine team arranged the same and distributed it among children and particularly among slum dwellers.



## Distribution of Educational Stationary Items

Due to the spread of COVID-19 and continuous lockdowns imposed by administration, all the schools were shut down. Children were exposed to online education and some other initiatives including Community schooling was induced. However, children belonging to poor families couldn't afford the educational stationary items. ChildLine team addressed the needs of such children and helped them in every possible manner so as to ensure their continued education without any halt.



## Awareness regarding preventive measures of COVID-19

ChildLine team from day 1<sup>st</sup> is committed to sensitize masses and children's regarding the preventative measures of covid-19 as this is the only remedy to the dreadful virus. ChildLine team has been imparting awareness education among masses via lecture methods, social media, pasting of posters, distribution of pamphlets etc. The importance of social distancing was high lightened from time to time and the steps of proper hand washing were demonstrated too. The sensitization programme was carried out among slum dwellers, Gujjar and bakerwal communities, primary health centers, rural communities, community schools, ICDS centers etc.



## Distribution of Hand Sanitizers

The work of front line workers is well recognized by everyone and their work involves a lot of risk. Dealing with covid positive patients makes their work more challenging. Thus, Childline recognized their efforts and distributed hand sanitizers to District Maternity and child care hospital, Sub-District Hospital Bijbehara which was especially reserved for covid positive patients. The concerned hospital authorities acknowledged our efforts and applauded our work by presenting appreciation certificates



## Home Education

ChildLine team has raised many volunteers among communities. These volunteers acted as catalysts in their respective communities. During lockdown, many children were not exposed to online education; to them our volunteers reached as angles and started imparting free education to such children.



## Implementation of PSS Manual

ChildLine India Foundation has recognized that continuous lockdowns will not only impact health and economic situation but will impact the psychosocial well-being of societies across nations. Online webinars were arranged by C.I.F in collaboration with U.N.I.C.E.F so as to orient the childLine functionaries regarding the need of Psych Social Support. A hand manual was designed by C.I.F and U.N.I.C.E.F to address the effects of COVID-19 on the wellbeing of the children and to provide childLine functionaries and children a tool that will enable the caregivers, support persons, children to understand what is COVID- 19 and how it can be prevented, help them manage stress, fear and anxiety and recognise the increased risk of violence, which can help them to stay safe. The manual is designed for two different age cohorts i.e. 6-10 and 11-19, contains play methods to keep children engaged positively and provide them platforms to express their emotions.



In adherence to the PSS Manual, array of activities were organized by Childline team for the positive engagement of children and to address the effects of COVID-19 on the well-being of children. Some of the activities included:

- Psychosocial education to parents.
- Information related to COVID-19 and its preventive measures.
- Story telling.
- Poster making.
- Poem Recitation.
- Painting competitions.
- Colouring of animations & Mandalas.
- Demonstration of proper steps of hand washing.
- Practicing social distancing.
- Screening of animated cartoon movies.
- Indoor games.



## Celebration of World Environment Day

Due to nationwide lockdown, Childline Anantnag celebrated World Environment Day in accordance to SOP's of covid-19. The physical gathering was refrained and an online painting Competition was organized for encouraging awareness and action to protect our environment. An active participation of children was observed and more than 30 children participated in the event through online platform.

The theme of online painting competition was "Bio-Diversity". The children portrayed colourful paintings depicting environment and bio-diversity as theme. All the participating children were felicitated with participation certificates.



## Celebration of World Day Against Child Labour

On the eve of world day against child labour, childLine team visited slum area Bijbehara and sensitized children and concerned adults about the hazardous impacts of child labour. ChildLine team awakened the slum dwellers about the punishments defined under the child labour act and simultaneously high-lightened the importance of child education.

Meanwhile preventative measures in combating covid-19 were high lightened. About 100 face masks were distributed among slum dwellers. A practical demonstration of Social Distancing was also practiced. Later on, Childline team visited District Maternity and Child Care Hospital Anantnag and handed "Hand Sanitizers" to Medical Superintendent of the hospital. The hospital staffers, health workers, general public were awakened about COVID-19 and its preventive measures. Informative Pamphlets were distributed among one and all and informative posters were pasted across the hospital premises.



## Celebration of Poshan Maah

POSHAN Abhiyaan is a multi- ministerial convergence mission with the vision to address malnutrition with a targeted approach by 2022. The programme aims at achieving improvement in nutritional status of children up to six years of age, adolescent girls, pregnant women and lactating mothers.

With an aim to get rid of malnutrition in the country, every year the month of September is being celebrated as Rashtriya Poshan Maah. The purpose of celebrating the Poshan month is to take the message of nutrition to every nook and corner of the country and to focus on complimentary food, treatment and prevention from infections in children.

Rashtriya Poshan Maah is an opportunity to create maximum awareness about the problem of malnutrition and reinforce the movement to achieve holistic nutrition under POSHAN Abhiyaan. The Ministry of Women and Child Development has envisioned the Abhiyan as Jan Andolan through Jan Bhagidari. In order to maintain the momentum regarding the sensitization of masses, Childline Anantnag has initiated to celebrate Rashtiya Poshan Maah in order to bring the visibility of Poshan Abhiyan, identification of malnourished children, mobilizing masses more about the objectives of Poshan Abhiyan.

In the meantime a meeting was held with District Programme Officer ICDS regarding the collaborative efforts of ICDS Department and Childline in celebration of Poshan Maah so as to gain tremendous community participation. A circular was also issued by the Nodal Officer, Poshan Abhiyan ICDS anantnag directing all the CDPO'S to cooperate and collaborate with Childline for the celebration of Poshan Maah.

  
**GOVERNMENT OF JAMMU AND KASHMIR**  
**OFFICE OF THE DISTRICT PROGRAMME OFFICER ICDS PROJECTS**  
**ANANTNAG**  
\*\*\*\*\*  
Email-id: dpoicdsankul@gmail.com  
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**The Child Dev. Project Officer,**  
**ICDS \_\_\_\_\_ All.**

**No: DPO/ICDS/Ang/2020/960-70** **Dated: 05/09/2020**

**Subject: Celebration of Poshan Maah in Collaboration with CHILDLINE Anantnag**

Madam,

A communication has been received from Childline Anantnag bearing no. cla/hwol/20/0021 wherein they have desired to participate in Poshan Maah to gain tremendous community participation. A brief overview of the Childline Anantnag is stated below for your information.

Childline India Foundation is the central nodal agency of Ministry Of Women & Child Development (GOI) for the replication of the Childline Services. Childline-1098 Service, which is a 24 Hr. toll free-outreach helpline for children is being operated all over the country by the Childline Foundation Of India, under the aegis of Ministry Of Women & Child Development, and caters the need of children in emergency situations.

In this connection, I am directed to request you to coordinate with the Childline Anantnag in all events of Poshan Maah Celebration under intimation to this office.

**Yours Faithfully**  
  
**Nodal Officer Posahn Abhiyan**  
**District Headquarter**  
**Programme Office**  
**ICDS Anantnag.**

**Copy to the:-**

1. Mission Director ICDS, J&K Srinagar for favour of information.
2. DD ICDS Kashmir for favour of information
3. Project Coordinator Childline Annantnag for information.
4. Office record file

S.no	Date	Area	Activity
01	03-09-2020	Nalai Awoora	<ul style="list-style-type: none"> <li>• A special month outreach was planned according to which activities under Poshan Maah were organized.</li> <li>• Masses were sensitized about the objectives of Poshan Abhiyan, importance of nutritional diet, importance of breastfeeding, importance of health and hygiene etc.</li> <li>• Poshan Abhiyan awareness rallies were carried out within various areas.</li> <li>• Kitchen Gardening activities were organized.</li> <li>• Awareness workshops for ICDS functionaries.</li> <li>• Displaying nutritious foods in creative ways.</li> <li>• Cases of child malnourishment were identified during the survey. Later on, nutritional kits were distributed among mal-nourished children.</li> </ul>
02	04-09-2020	Bonagund Veerinag	
03	05-09-2020	Gadole	
04	08-09-2020	Kharpora Soaf	
05	09-09-2020	Waltengoo Naad	
06	10-09-2020	Khiram	
07	11-09-2020	Zamelgam Dooru	
08	12-09-2020	Veeri Bijbehara	
09	14-09-2020	Thajiwra	
10	16-09-2020	Lohersinzi	
11	17-09-2020	Brinty	
12	18-09-2020	Semthan	
13	19-09-2020	Frestehward Nagbal	
14	21-09-2020	Hiller Hakura	
15	22-09-2020	Imoo Verinag	
16	23-09-2020	Sombruna Nowgam	
17	25-09-2020	Khahgund Veerinag	
18	29-09-2020	Dehwatoo	
•	30-09-2020	Nanil	

Thus an array of activities was carried on in collaboration with ICDS Department.

Childline Anantnag team visited the above mentioned areas for conducting special outreach. The main objective of these outreaches was to disseminate the information regarding Poshan Abhiyan and to identify the cases of child malnourishment. Meanwhile, awareness related to nutritious diet, health, hygiene and sanitation was generated. The role of childLine was also high lightened. All the necessary SPO's were followed during the outreaches. Awareness related to Covid-19 was also imparted from time to time. During the outreaches, officials from ICDS department, Local panchayat members, Teachers, Children and Community members participated. All the participants were sensitized about the importance of nutrition particularly in children and pregnant/lactating mothers. The symptoms and effects of malnourishment were discussed. The participants were encouraged to increase the intake of green leafy vegetables in their diet so as reduce the anemia. For that matter, participants were indulged in activities of kitchen gardening. The importance of prenatal and neonatal health checkups was put forward.

Childline Anantnag also mobilized ICDS helpers, workers, Asha Workers, community members including women, adolescents and children regarding the importance of balanced nutritious diet. The participants were sensitized about the services and schemes launched by government for the wellbeing

of its citizens. The importance of balanced diet for all was explained from time to time. Meanwhile, some of the nutritious foods were demonstrated to the participants and later on the food was distributed among them. The nutritional importance/relevance of foods was also demonstrated. The participants were encouraged to include greater intake of leafy vegetables and proteins so as to remain healthy. ChildLine team also sensitized masses by some innovative and creative manner. They assembled the nutritious food and arranged some creativity with that so as to gain their attention. Poshan Rallies were also carried out in streets so as to sensitize more people. Painting competitions were also organized under the theme of Poshan Abhiyan. Simultaneously, a special survey in collaboration with ICDS department was conducted in these areas for the identification of mal nourished children. A total of 50 cases were identified during the month long programme and nutritional kits were provided to the children at their doorsteps.



## **Distribution of IECs in Communities with support of District Administration**

After the proper approval and consent from district administrations, IECs covering the information on Preventions & precautions and the stigma associated with COVID-19 was developed. The content developed for IECs are based on the guidelines given by WHO and UNICEF. HWOHL Project teams and community volunteers distribute printed IEC on Covid19 within communities. The pamphlets outline details about the virus, a list of preventive measures to mitigate the spread, preventions and precautions. The purpose of the activity was to provide awareness among communities and aware general public regarding preventions and precautions of COVID 19. The IEC material has also been translated into local language so that everyone will be able to read and understand the information share through IECs. The IECs were pasted at the public places in the communities and one to one distribution .72 villages have been covered in District Pulwama, Anantnag and Kulgam.





## **Loudspeaker messaging to raise awareness during COVID 19**

With the aim to reach more people and aware them about Covid19 pandemic and its impact on the physical and emotional health of people in general and children in particular, an awareness campaign on COVID 19 messaging has been launched using public address systems across 3 districts of Kashmir (Kulgam, Pulwama and Anantnag). The awareness campaign is also supplemented by poster displays/distribution and message dissemination on media platforms. Since, the slow speed internet and occasional snapping of the internet hampers the smooth engagement with children and reach out to communities, sustained efforts were made through various mediums to keep the engagement on-going for the benefit of children, adolescents and larger communities and awareness about adoption of sustainable preventive measures and curtailment of misinformation. Loud speaker messaging is one such effective means of dissemination of message to large number of people by using public address systems available in communities, especially in mosques. The content of the pre-recorded messages focused on:

- Positive parenting, role of parents to mitigate negative impacts of COVID 19 on mental health of children.
- Address Mental Health/ Psychosocial needs, encourage children to discuss their questions and concerns.
- Awareness on COVID19, how it is transferred from one person to other
- symptoms
- Importance of social distancing
- Methods by which we can protect ourselves and our children from this Pandemic and slow down the spread.
- Importance of wearing mask, Continue Hand washing
- Support vulnerable population like old and people with co-morbidities.
- The messages were played for 5 to 8 minutes twice in a day in a particular village. So far, a total number of 72 villages in 3 districts have been covered under the activity. Before starting the loud speaker message in any community, HWOHL first approached the local community members and Mosque Auqaf committees. A proper consent was sought from the community heads after which the messages are played on the loudspeakers followed with IEC distribution.

## **Created awareness through multiple social media platforms/TV/FM/radio, mobile awareness drives in communities**

Dissemination of awareness messages in communities through TV and newspapers was done. As the Coronavirus outbreak intensifies in the Kashmir valley, HWOHL have ramped up awareness through TV channel ETV Urdu and Local Newspapers to spread the messages about the pandemic and its prevention and precautions.

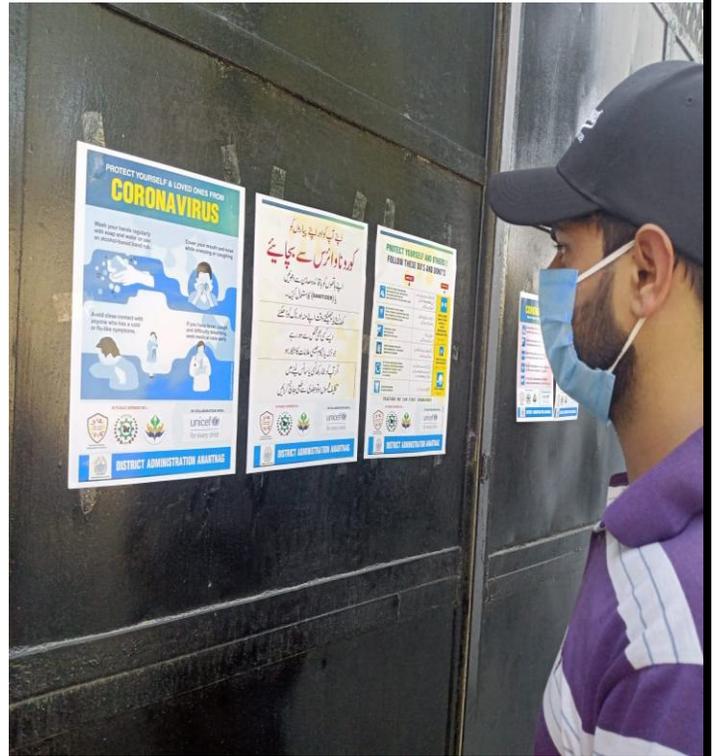
Mobile COVID-19 awareness drive was kick started by HWOHL in the intervening communities of District Pulwama, Anantnag and Kulgam. The purpose of the drive was to reach out the local population in the target villages on the aspect of preventions and precautions on COVID-19 and how to keep children and adolescents safe during this pandemic. The drive focused on six major areas:

1. Mobile loud speaker messaging on preventions and precautions of COVID-19.
2. Social Stigma and Fear attached with COVID-19.
3. Myths and Facts associated with COVID-19.
4. Role of parents to deal with children and adolescents in this pandemic.
5. Distribution of IEC material
6. Conducting small groups and individual awareness meetings.

The local population appreciated the initiative and termed it as first of its kind in these villages. The drive was conducted after the approval of District administration and looking at the endeavor the administration extended its support in furthering the cause. We have been responding together with district and local level administrations, we started sensitizing communities on the need to maintain hygiene and take precautionary steps to prevent the spread of the virus. We are taking proactive steps in this regard to ensure that communities are properly sensitized, informed and united to prevent and combat the deadly Corona virus.

Following the drive a very warm response was received from the community members in today's outreach program. Many of the elderliness in these villages were happy to see the utilization of loudspeakers during these scenarios. While doing the mobile drive in the communities, a section of people appreciated this move from our side as it reached to them in a proper manner. They were of the opinion very often they see vehicles moving primarily with messages regarding pandemic, but mostly they hear the noise instead of message. They are happy that relevant information is being passed among the community and that too in local language. They are very much satisfied with the approach adopted by HWOHL. They stated about their positive intent to pass this information to their families and communities at large.

So far, a total number of 72 villages in 3 districts (Kulgam, Anantnag and Pulwama) have been covered under the activity. A total number of 90396 people have been reached out through these awareness activities which are the 20 percent population of these communities. The lists of 72 intervention areas are attached below.



List of Intervention areas in District Pulwama, Anantnag and Kulgam

S.no	Cluster	District	Interventional Areas	Organization
1	Litter	Pulwama	Litter	HWOHL
2			Rakhlitter	HWOHL
3			Naina	HWOHL
4			Batpora	HWOHL
5			Zahidbagh	HWOHL
6			Chakoora	HWOHL
7			Darbagh	HWOHL
8			Aglar	HWOHL
9			Chowdrybagh	HWOHL
10			Niloor	HWOHL
11			Alliepora	HWOHL
12			Nikloora	HWOHL
13			Kulpora	HWOHL
14			Nowpora	HWOHL
15	Tral I		Padgampora	HWOHL
16			Chursoo	HWOHL
17			Larkipora	HWOHL
18			Chandergam	HWOHL
19			Kaigam	HWOHL
20			Soimoh	HWOHL
21			Noorpora	HWOHL
22			Dadasara	HWOHL
23			Amirabad	HWOHL
24			Pinglish	HWOHL
25			Ratsuna	HWOHL
26			Bouch	HWOHL
27			Amlar	HWOHL
28			Nowpora	HWOHL
29	Tral II		Tral I Payeen	HWOHL
30			Tral I Bala	HWOHL
31			Cheva	HWOHL
32			Mandoora	HWOHL
33			Aarigam	HWOHL
34			Monghama	HWOHL
35			Lourgam	HWOHL

36			Luraw	HWOHL
37			Gamiraz	HWOHL
38			Nowdal	HWOHL
39			Naibugh	HWOHL
40			Gulabbagh	HWOHL
41			Sheerabad	HWOHL
42			Devar	HWOHL
43			Naathpora	HWOHL
44			Batengoo	HWOHL
45			Uranhall	HWOHL
46			Guri	HWOHL
47			Kanjigund	HWOHL
48			Bongam Dhonipora	HWOHL
49			Veer	HWOHL
50			Pazalpora	HWOHL
51			Waghama	HWOHL
52			Dupatyar	HWOHL
53			Sangam	HWOHL
54			Sether	HWOHL
55			Panchpora	HWOHL
56	Anantnag	Anantnag	Tulkhan	HWOHL
57			Mishipora	HWOHL
58			Hawoorah	HWOHL
59			Rampora	HWOHL
60			Qoimoh	HWOHL
61			Bachroo	HWOHL
62			Redwani Bala	HWOHL
63			Redwani Payeen	HWOHL
64			Rohpora	HWOHL
65			Khudwani	HWOHL
66			Matalhama	HWOHL
67			Gopbal	HWOHL
68			Wanigund	HWOHL
69			Arwani	HWOHL
70			Hassanpora	HWOHL
71			Kharpora	HWOHL
72	Kulgam	Kulgam	Moman	HWOHL

## **2 Days Workshop on Peace Education and Collaborative Learning**

Humanity welfare organization Helpline Bijbehara in collaboration with Kargil Development Project (KDP) and Centre for Law & Development Policy, Srinagar organized two days workshop on Peace Education and Collaborative Learning. The workshop was held on 26 and 27 September 2020 in the premises of Humanity welfare organization Helpline Bijbehara.

The main objective of organizing the workshop was to build the capacities of participants regarding Peace Education, Conflict Transformation and Community Engagement. The workshop was attended by Social Work Practitioners, Field Workers, Persons with Disability and Staffers of Humanity Welfare Organization Helpline Bijbehara.

The major objectives of the workshop were:

- To develop a Reflective Attitude to address Crisis situations, employ peace building tools and theories of change and to design effective interventions.
- To deepen understanding of peace practices, conflict transformation and conflict resolution across various stakeholders.
- To introduce tools and approaches on Fostering Dialogue, Mediation and Do No Harm principles for practical actions.
- To build the capacities of participants to learn, develop skills, values and knowledge and to establish a global and sustainable culture of peace.
- To reduce the violence, support the transformation of conflicts and to advance the peace capabilities of individuals, groups, societies and institutions.

Before the formal proceedings of the workshop, registration of participants was done and reading material was distributed among one and all. Self introduction was followed by the participants and the motivation to join the workshop was shared.

Mr. Javaid Ahmad Tak, Director Honorary Chairman, Humanity welfare organization Helpline Bijbehara presented the inaugural address and warmly welcomed the Guests/Resource Persons as well as the participants. He briefed the participants about the holistic work done by Humanity welfare organization Helpline Bijbehara towards peace building. In his inaugural speech, he stressed on the importance of peace in our lives and shared his life experience in conflict transformation.

Mr. Shafat introduced the participants about the aims and objectives of workshop and encouraged them to know the importance of Peace and Conflict Transformation. A group discussion was followed wherein the participants shared their views and field experiences related to conflict transformation. A video "power of listening" was screened. Through that video, the essence of listening was explained. Mr William Ury narrated his stories of candid conversations with presidents and business leaders which provided us with impactful lessons, such as understanding the power of a human mind opening up. He urges the listeners to join a listening revolution so as to transform any relationship.

Furthermore, formal sessions were initiated by the Resource persons.

Dr. Khalid Waseem, enlightened the participants about the formation of communities. He discussed the typology of communities and variables of defining communities. He also talked about the overlapping of identities and experiences/examples were portrayed to understand the complexities of prejudices by the people.

Mehmood ur Rashid opted for an open discussion over conflict prevention and dialogue in practice. He stressed on the role active listening for paving way for peace building. The whole communication process was discussed in detail and to be free of judgments was highly encouraged. The proper use of words in generation of meaningful dialogue was high lightened.

Sajad Ahmad Geelani, explained the tools in practice for peace building and conflict transformation. The role of mediator as of a bridge, interpretator and communicator was discussed. The difference between mediation and negotiation was put forward and the applications, principles and duties of mediator were high lightened. The qualities of mediator and the broader categorization of mediation at different levels were discussed.

Dr. Ibrahim Wani, gave an introduction of participatory approaches of peace building. The role of community based organizations, non-governmental organizations and other stakeholders in peace education and conflict transformation were explained. The dynamics of participatory approach and conflict sensitivity were also touched during his session.

Based on the workshop's objectives, as well as fresh ideas brought to the workshop, the participants were divided into groups to explore the core issues involved in peace disruption and their intersectionality with one another elaborated. A power point presentation was displayed by each team to explain the assigned topic. An open discussion was followed to look for the ways of building peace. In order to aid these discussions, Mr. Shafat talked about the mission of his organization and how it relates to various levels of peace-building process. He defined the ways and means of turning conflict into peace and bringing a change in our mindsets.

The workshop was a great success and those involved have gone away with a greater understanding of Reflective Peace-building and what needs to be done to see it succeed.

A feedback session was followed towards the end of the workshop wherein the participants shared that they felt optimistic about applying the workshop into their personal and professional lives.

Key learning's of the workshop were:

- Understanding the topics of violence, conflict, mediation, Do No Harm Approaches and the peace process.
- Enhanced skills of participants for peace-building, dialogue management and dealing with communities affected by conflict.
- Encouraged participants regarding effective social participation in the peace process.
- The group exercise was particularly enlightening for it allowed the participants to better understand the topics.
- Motivated participants to work for sustainable peace and development, thereby achieving the above objectives.
- Relapsing the risk of violence through peace building.

## Celebration of World White Cane Day

World White Cane Day also known as White Cane Safety Day is observed worldwide on 15<sup>th</sup> October every year. The main objective of celebrating this day is to educate the masses about blindness and to enlighten the importance of white cane used by blind persons. This day marks the importance of white can, recognizes the movement of blind people from dependency to active participation in society and to celebrate the achievement of blind people. In this connection, Humanity Welfare Organization Helpline Bijbehara in collaboration with Aziem Premji Philanthropic Initiatives organized an Inclusive Drawing Competition for Children and a

Special Cricket Match for Blind persons. The organized activities were carried out within the premises of Government Degree College for Boys Khanabal Anantnag. Before the formal proceedings of the event, registration of participants was done and a total of 147 children registered themselves as participants. All the SOP's in relation to COVID-19 were followed and face masks were distributed among one and all. Simultaneously, art kits and other necessary items required for drawing competition were safely handed over to participants.



The programme formally started at 11:30 am. An inaugural ceremony was held soon after the chief guest arrived. . **Mr. Syed Yasir (K.A.S) Assistant Commissioner (Revenue)** was the guest of honour who was welcomed by a specially abled child by offering him a flower bouquet. Later on, he cut the ribbon and formally opened the event. **Mr. Aaadil Rashid Vaid, Projects Manager Humanity Welfare Organization Helpline Bijbehara** warmly welcomed the chief guest and participants from different institutions. In his welcome address, he thanked the chief guest for sparing precious moments out of his busy schedule and illuminated the audience about the objective of celebrating world white cane day. Mr. Syed Yasir expressed his gratitude for being a part of the said event. He interacted with each child participant and saw their drawings. He was highly impressed by the creativity of specially abled children and appreciated their efforts.



Simultaneously, a cricket match of blind persons was organized wherein the players revealed their talent. The chief guest appreciated their talent and promised of every possible help through District Administration for the polishing of such talented youth. Soon after the completion of events, light refreshment was served among the participants.

In the meantime, a bench of juries was constituted to nominate the participants who had performed well. Out of 147 drawings; 8 drawings were selected and out of them first 3 positions were selected. Towards the end of the programme, valedictory session was followed. **Shri Atul K Goel (IPS) Deputy Inspector General of Police South Kashmir Range** was the Guest of Honour. He addressed the participants and congratulated them for making the programme a successful one. The awaited results were declared and the First 3 merit holders were awarded with certificate, trophies and medals. Meanwhile, 5 consolation prizes were also presented to runner ups. **Shri Atul K Goel** declared each participant as winner and applauded them with certificates and medals. He also assured of every possible help at his end for the upliftment and empowerment of persons with disabilities.



In the concluding remarks Javed Ahmad Tak Honorary chairman Humanity welfare organization helpline presented a trophy to Shri Atul K Goel (IPS) Deputy Inspector general of police south Kashmir Range as a token of love. He thanked all participants, volunteers from CHILDLINE Anantnag team, UNICEF team, and staffers of Zaiba Aapa Institute of Inclusive Education Bijbehara for their support and who put their blood and sweat in making the event a grand success.



## **Sports Festival for Children with Disabilities**

Humanity welfare organisation Helpline Bijbehara organised one day sports festival for children with disabilities. The programme was held on 5<sup>th</sup> November 2020 at Government Degree College for Boys Khanabal Anantnag. The major objectives of the event were:

- Enable children with disabilities to participate in a sporting event.
- Enhancing motor skills, physical fitness tailored to individual psycho - physical abilities of Children with disabilities.
- Creating opportunities for children with mental disabilities with possibility to participate in valuable feedback and attractive forms of physical activity.
- Providing children with disabilities attractions and joyful experience of participation in a sporting event , overcoming difficulties and having sense of victory in the presence of parents , teachers and the whole school community.
- Pride and joy of participants from achieving the task in sports.

Mr. Javed Ahmad Tak inaugurated the festival followed by ribbon cutting ceremony. Children with disabilities clapped their hands and expressed their joy for the event. During inaugural ceremony, Mr. Javed Ahmad Tak addressed the participants and expressed the rationale of organizing the sports festival for children with disabilities. It was believed that the spread of COVID 19 has limited the mobility of masses and children with disabilities suffered the most. They remained home bound and couldn't come out of houses due to the restrictions imposed by the government. Due to limited mobility, children with disabilities were forced to live stressful life. Thus, the need for recreation and organizing sports festival was felt!

In our societies, children with disabilities are highly vulnerable and are being stigmatized. They are being alienated at every sphere of life. However, children with disabilities possess talent and skills which is quite latent and needs to be brought out! They never get opportunity to perform and compete at inclusive levels.

Through this event, a platform for children with disabilities was created to utilize their energy in games and sports. Children with disabilities are full of capabilities and capacities and more than hundred children participated enthusiastically in the event. Children were excited to participate as they were stuck to their homes for more than a year. Due to the lockdown, the psyche of such children was affected due to their limited interaction and restricted mobility.

Children with disabilities showed their abilities through sports and games. An array of sports activities and games were organized for these children which included:

- Carom
- Chess
- Tug of war
- Cricket
- Boccia

Mr. Syed Farhat Hussain, District Social Welfare officer Anantnag was the chief Guest in the event. He was highly impressed with courage, talent and enthusiasm of children with disabilities that had been reflected during sports activities. He felt proud and refreshed on seeing the participation of children in the said event.

In the valedictory function, Mr Syed Farhat Hussain distributed mementos and certificates among the participants. He declared each participant as competent winner.

Mr. Aadil Rashid Vaid Projects Manager Humanity Welfare Organisation Helpline presented his Vote of Thanks. He thanked one and all for making the event a great success!

## **Celebration of National Childrens Day**

Every year, November 14 is celebrated as Children's Day with much fervor across India. It commemorates the birth anniversary of the first prime minister of India, Pandit Jawahar Lal Nehru. Pt. Jawahar Lal Nehru liked children very much; children also reciprocated the same and would call him Chacha Nehru. Since then, In India his birthday i.e. 14<sup>th</sup> November is being celebrated as National Children's Day. The day is dedicated to advocate for the rights of children and ensure their protection.

The programme was celebrated at "**Zaiba Aapa Institute of Inclusive Education**", a special school for Children with Disabilities. **Shaheena Nida President Muncipal Council Bijbehara** was the Guest of Honour in the said event. **Ms. Rafia Hassan Khaki, Secretary District Legal Services Authority Anantnag** presided over the function and other dignitaries present in the event included Doctors, Teachers, CHILDLINE Team and UNICEF Team. A total of 75 children and 45 adults participated in the programme.

After the arrival of guests; the inaugural function was carried out in a traditional manner. The special children took the Kangri (traditional fire pot) in front of chief guests and they put some incense seeds into it. Soon after the popping of incense seeds; the whole room was filled with aroma and the children sang songs of celebration. Sweets, Chocolates and Candies were distributed among the children and there was no end to their happiness.

Mr. Sujahat Farhan, Coordinator CHILDLINE Anantnag warmly welcomed the guests as well as participants present over there. In his inaugural speech, he thanked the guests for sparing some moments out of their busy schedule and celebrating the event with the children. Mr. Sujahat congratulated the children on their special day and high lightened the importance of Children's Day. Furthermore, he elaborated the rationale behind organizing the event. He also sensitized the children about their rights and liberties which have been guaranteed to them by constitution.

Furthermore, Mr. Reyaz Ahmad Shah Team Member CHILDLINE Anantnag holded the dais and continued the further proceedings of the programme. The said programme started with the recitation of some verses from Holy Quran by the children. These children presented various activities such as Naat, Group song, Rhymes etc. which fascinated the audience. Meanwhile, the children were severed with some light refreshment.

Simultaneously, an inclusive Health check-up of children with disabilities was organised. A group of 5 doctors were received from Government Medical College Anantnag who accessed the children to the best of their abilities. The team of doctors assessed and examined these children and in some cases prescribed medicines. All the medicines were arranged and were handed over to the children.

Furthermore, A skit show was presented by a group of CFS/ARC children under the theme of Gender inequality prevalent in the society. Cultural items were also organised for to engagement of children positively.

Mr. Imtiyaz Ahmad Kumar, Team Member CHILDLINE Anantnag gave a detailed presentation on services provided by Childline Anantnag. He also discussed various issues pertaining to children and motivated them to report such cases. Simultaneously, he discussed the basic rights of children and explained them in the most beautiful manner.

In the concluding session, the invited guests her joy and gratitude for being a part of our programme. They immensely thanked the organizers of the programme for building the morale of children and bringing out their latent talents.

Towards the end of the programme, Mr. Javed Ahmad Tak presented Mementoes to the worthy Doctors and Guests for their valuable time and energy in making the programme a great success!

Mr. Aadil Rashid Vaid Projects Manager Humanity Welfare Organisation, presented his vote of thanks.



